

Managerial Leadership Training

Peppers Manor House, Kater Road, Sutton Forest NSW 2577

Day 1	Introduction and Experiential Models	Time	Comments
A.	Arrive at venue – <i>Lunch will be provided and participants to book in through Patti Phrachanh (EA to the CEO) and then need to arrive by 12.00 noon</i>	BY 1.00pm	<i>Rooms allocated on arrival and participants bring:</i> i) <i>Pre-Viewing – Surprising Science of Motivation</i> ii) <i>Optional Pre-Reading – Elegant Solutions (Dress is casual & participants bring waterproof clothes and outdoor shoes)</i>
B.	Welcome – Purpose and context to Course	1.15pm	MD Introduces Course Clarify Port Authority NSW Vision & Values Introduction to facilitating staff
C.	Introduction – Outline to Course, Key models and Agreements	2.00pm	Participants given their individual preparatory material and Sub-Teams identified Preview of Course Agree course ground rules Administration Behavioural Iceberg and Coaching Process of Leadership 'PORT', scoping of work and empowering the workforce
D.	Tea Break	3.15pm	
E.	Exercise – One Team Exercise	3.30pm	<i>Exercise: Rope Charm</i> Activity Feedback Leader and Team Traps Individual <i>To Do</i> actions
F.	Reflection, Revision & Review	5.15pm	Reflection, Revision, Feedback, Review Day and Preview Evening & Day 2
G.	Dinner	6.30pm	<i>Overnight exercise – Jagged Jenga Junction</i>
H.	Ongoing Indoor Exercise – Sub Team Exercise	8.00pm-	<i>Exercise: Jagged Jenga Junction</i> Participants complete planning in order to win competition phase on Day 4 in own time
I.	Questions & Feedback	9.45pm-	Facilitators take questions and teams feedback to/from leaders
J.	Close Day 1	10.00pm	Syndicate rooms closed and participants' own time



Group O15 Mod A - Training Timetable

22 - 25 July 2019



Day 2	Emotional Intelligence and Motivation	Time	Comments
1.	<i>Breakfast</i>	<i>07.00</i>	
2.	Introduction – Review Day 1 and Preview Day 2	08.15	Review – Q&A Learning Log & Swop places Issues Chart <i>Exercise: Stroop</i>
3.	Motivation – Intelligence and Values	08.45	Intelligence Quadrant Terminology Motivation and Intention Universal Hierarchy of Motivation (UHM)
4.	<i>Coffee Break</i>	<i>10.00</i>	
5.	Perception – Understanding Self	10.15	Personality styles and affect on performance Performance exercise Leadership metaphors Learning/ personal style differences
6.	UHM Profile – Self-Awareness and Organisational Style	10.15	Cultural types and performance Self-awareness and buddy pairs <i>Quadrant Exercise</i>
7.	<i>Lunch</i>	<i>12.30pm</i>	
8.	UHM Profile – Continued	1.15pm	Organisational Style and finding one that is required <i>Exercises: Styles Values</i>
9.	Leadership Style – The <i>Only</i> 4 Ways to Lead	2.00pm	Authentic Leadership <i>Service Exercise</i> Key Examples of leaders
10.	<i>Tea Break</i>	<i>3.00pm</i>	
11.	Leadership Others – Leadership Examples and ways to lead	3.15pm	Leadership Style and Altruism Business Examples of leaders Human Emotion and Core Identity
12.	Reflection, Revision & Review	5.15pm	Reflection, Revision, Feedback, Individual <i>To Do</i> actions, Own Epitaph, Review Day 2 and Preview Evening & Day 3
13.	<i>Dinner</i>	<i>6.30pm</i>	<i>Overnight exercise – The Epitaph</i>
14.	Group Q&A	8.00pm-	CEO's presentation and dialogue
15.	Ongoing Indoor Exercise – Sub Team Exercise	9.30pm-	<i>Exercise: Jagged Jenga Junction</i>
16.	Close Day 2	10.00pm	Syndicate rooms closed



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Day 3	Decision-Making and Cognitive Ability	Time	Comments
17.	<i>Breakfast</i>	<i>07.00</i>	
18.	Introduction – Review Day 2 and Preview Day 3	08.15	Review – Q&A Learning Log & Swop places Issues Chart
19.	Feedback – Understanding implication & consequences of feedback	09.15	<i>Coaching Exercise</i> Power of Praise Levels of Feedback Carrot and Stick to Performance <i>UHM buddy pairs</i>
20.	<i>Coffee Break</i>	<i>10.15</i>	
21.	High Performing Team Leadership – Outdoor Team Exercise	10.30	<i>Exercise: Piranha Passageway A</i> Team Feedback & Review <i>Discussion</i> – Team strengths & development areas/ Team & leader traps Team predictions
22.	<i>Lunch</i>	<i>12.00pm</i>	
23.	Advanced Decision- Making – MarkTwo DM	12.45pm	Decision Confidence MarkTwo Decision Making <i>Lollipop Exercise</i> Brainstorming MarkTwo Decision Making <i>Feelings Exercise</i>
24.	<i>Tea Break</i>	<i>3.00pm</i>	
25.	Advanced Decision- Making – Experiential learning	3.15pm	Piranha Passageway Review using initial steps of MarkTwo Decision Making Intelligences
26.	MarkTwo Decision Making – In Practice	4.30pm	Review Decisions in Exercise Piranha Passageway B <i>Exercise Holiday</i>
27.	Reflection, Revision & Review	5.00pm	Reflection, Revision, Feedback, Individual To Do actions, Review Day 3 and Preview Evening & Day 4
27.	<i>Dinner</i>	<i>6.30pm</i>	<i>Overnight exercise – Piranha Passageway B</i>
29.	CEO's Talk	7.45pm-	Insights from experience
28.	Ongoing Team Exercises – Indoor & Outdoor Exercise	8.30pm-	<i>Exercises: Jagged Jenga Junction and Piranha Passageway B</i> Participants complete planning for both exercises for following day
28.	Close Day 3	10.00pm	Syndicate rooms closed and participants' own time



Group O15 Mod A - Training Timetable

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MarkTwo
Consulting
Creating Conscious Leadership

Day 4	Art and Practice of Leadership	Time	Comments
30.	<i>Breakfast</i>	<i>07.00</i>	<i>Check out of rooms by 08.00am</i>
31.	Meet at Main Room	08.15	Team organise at the Main room and prepare for Jagged Jenga competition
32.	Indoor Exercise – Sub Team Exercise	08.25	<i>Exercise: Jagged Jenga Junction</i> Competition in Sub-Teams Feedback and Review
33.	Quick Introduction – Review and Preview	09.15	Review – Q&A Learning Log
34.	<i>Coffee Break</i>	<i>10.15</i>	
35.	High Performing Teams & Leading Others – Outdoor Team Exercise	10.30	<i>Team Exercise: Piranha Passageway B</i> Team Feedback & Review <i>Discussion</i> – Team strengths & development areas/ Team & leader traps Sub-Team Portrait Painter Exercise
36.	<i>Lunch</i>	<i>12.00pm</i>	
37.	Guided Visualisation	<i>13.45pm</i>	Chakras
38.	Course Summary – Individual Work Plans	<i>1.45pm</i>	<i>Buddy Pairs</i> – Individual <i>To Do</i> actions Team 'TO DO'
39.	<i>Tea Break</i>	<i>2.30pm</i>	
40.	High Performing Teams – An example	<i>2.45pm</i>	<i>Video: The Run</i>
41.	Revision, Reflection, Review & Preview	<i>3.30pm</i>	Feedback, Review Module A, Preview dates Module B, and where to from here
42.	Conclusion and Prize-giving	<i>4.00pm</i>	CEO's Prize giving and farewell
43.	Depart	<i>5.00pm</i>	

