

Introverted Emotional Spiritual

Typical Quote: "We've only just begun, begun, begun..." – Joe Darion

Introverted Emotional Spirituals (*"introverted ESs"* for short) have the Emotional mental function (*including harmonising/ sympathising*) most conscious in their mind, and therefore they are most aware of it and in control of this function. Their Spiritual mental function (*including creativity/ originality*) is also likely to be very conscious by the time they are adult. The other two mental functions P (*Physical-including details/ practicality*) and I (*Intellectual-including critiquing/ analysing*) are most in their sub-conscious and therefore they may not naturally be so competent at managing these.

General Summary

Introverted ESs never seem to lose their sense of wonder. Their strong spiritual function promotes connections and insight in brainstorming ideas and values. Their dominant emotional function impels them with deep personal values and further insight for the rights of individuals and the world.

Introverted ESs children often exhibit the readiness of imagination to switch from reality to fantasy and back again, providing creativity in writing and the arts. They also want to keep their external options open, and it is not uncommon for them to be exploring new possibilities and causes to devote their energy to throughout life. Their extreme depth of feeling and values is often hidden, even from themselves, until circumstances evoke an impassioned response. More concerned with meaning than with facts, their ideals can sometimes clash with outer reality and its practical requirements. Once conscious of their core values, they are committed and loyal to them.

Introverted ESs are the one style which often seem to be unusual in that they seem to have good access to their intellectual function in addition to their high conceptual and emotional intelligence. They can therefore deal with technical aspects well even though the intellectual preference is not a first or second preference. Introverted ESs can even masquerade in their extraverted IPs business suit, but not without expending considerable energy.

Key Attributes

Typical Strengths:

They are driven to make a positive difference in others' lives. They are naturally curious and strive for harmony. They are good listeners and are sensitive to others, are easily adaptable and spontaneous but can become ardent activists for just causes if their values are crossed.

Peacekeeper

(MBTI Equivalent: INFP)
(Style: Artist first, Ideator second)
5.6% of Australian Population*

Typical Development Areas:

They may tend to be shy or reserved, which may lead to people seeing them as cold and remote. They also tend to be perfectionists who often do not give themselves enough credit. They may find it hard to say “no” and can easily over-commit themselves.

“Possible Shadow Side” (Mental Function deepest in the Sub-Conscious Mind)

The Intellectual function of introverted ESs is deepest in their subconscious yet they seem to skilfully turn to the introverted aspect of their Intellectual side for help in focusing on internal logic for business acumen usually reserved for extraverted IPs or ISs. Their difficulty with the extroverted aspect of their Intellectual function causes several malfunctions in their behaviour when stressed, including becoming overly critical and dogmatic, angry outbursts, and an overemphasis on relatively unimportant facts.

Famous Introverted ESs

Common Frustration for Others: They may feel hurt a lot.



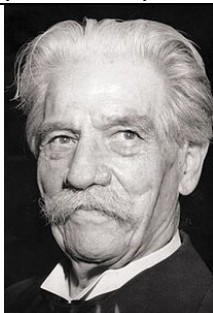
Nelson Mandela

South African anti-apartheid politician and philanthropist



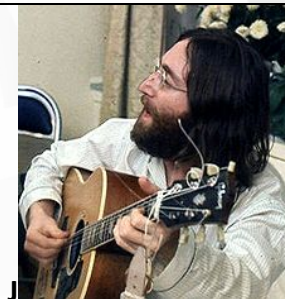
Diana Spencer

Princess of Wales



Albert Schweitzer

German/French theologian, organist, philosopher, physician, and medical missionary in Africa



John Lennon

English musician, singer and songwriter

* See MBTI® Data Archive Project: *Psychological Type Research Unit* – Sample over 22000 Australians 2010